

## For Immediate Release

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# *A New Guide to the Needs and Special Gifts of Intuitive Children*

*"Raising Intuitive Children is a parent's guide to understanding the special gifts of these uniquely gifted children. The authors' use of real stories from their own lives lend heart and compassion to our evolving need as a society to connect with our children in a new, more loving way... I would recommend this book to anyone!"*

— **Josie Bissett**, Actress and Author of *Tickle Monster*

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**San Francisco, CA (April 15, 2009)** — In their ground-breaking new book, *Raising Intuitive Children: Guide Your Children to Know and Trust Their Gifts*, psychotherapist Caron B. Goode and parenting expert Tara Paterson help parents understand an intuitive child's world, while teaching parents how to validate these intuitive abilities, and how to:

- Know if a child is intuitively gifted
- Shift parenting styles to meet a particular child's style and strengths
- Use breathing techniques to stay centered, calm, and optimistic
- Create rituals so intuitive children feel secure and confident
- Deal with the environmental and nutrition elements that affect intuitives
- Explore strategies for bonding and communication at each stage of development, from toddler to teen

*Raising Intuitive Children* deals with a population of children that few parents understand. Intuitives have been called ugly ducklings, the sensitive ones, or the creative dreamers (think of the young boy in the movie *Sixth Sense*). With real-life stories and examples, the authors demonstrate how intuitive kids engage their world. They debut in the book an educational model to enable parents and teachers to approach the education and parenting of intuitive kids, walking them step-by-step through the model.

Now, parents who believe their child may be intuitive are given the tools to make positive changes, help the children manage their unique energy, and nurture their gift.

**The Authors:**

A licensed counselor and psychotherapist, **Caron B. Goode** has written 10 books and 300-plus articles, most recently in parenting and coaching. Her 15-year psychotherapy practice has served dozens of people considered to be intuitives. In 2003, she founded the Academy for Coaching Parents International, which provides training and certification for professionals to run parent-coaching businesses.

A certified coach for parents of intuitives, **Tara Paterson** is raising three highly intuitive children with her husband. She is also a syndicated columnist, parent advisor, and author of 100-plus parenting and spiritual articles. In 2004, she launched Moms In Print, a publishing company that assists “mom” authors. The following year, she created the Mom’s Choice Awards®, which assists mothers in selecting products and services for their families. Paterson has appeared on CBS 48 Hours, the Today Show with Katie Couric, CNN with Anderson Cooper, the Early Show, and she is the spokesperson for the Mom’s Choice Awards and a spokesparent for the Partnership for a Drug Free America.

*“Wow, if only my parents had read Tara and Caron’s profound and deep advice! The warmth, honesty and open reflections in this book bring to light many issues that many generations of youth have been struggling with, yet have never been able to express. Thank you for taking helping us to explore how intuitive children and teens need to be nurtured – I am truly enlightened! – Vanessa Van Petten, teen author of You’re Grounded! and creator of OnTeensToday.com*

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**Title:** *Raising Intuitive Children: Guide Your Children to Know and Trust Their Gifts*

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